MARCIS 21st Birthay

Celebration



1 December

Merchandise Sale Begins

Various sales apply across centres

6 December

Meet the Team Free Regular Coffee 11am - 12pm

11 December

Minky Visit 1pm - 4pm

Pool Games 2:30pm - 4:00pm 2 December

ASI Client Gifts

7 December

Gym Challenge

Free
Come & Try Classes
for People with disabilities
and Carers

ecember 12 December

Free Coffee Hour

Regular Coffee 12pm - 1pm

13 December

Outdoor Circuit

3:00pm - 3:45pm

3 December

Gym Challenge

Free Active Abilities Class 4 December

Minky Visit

1pm - 4pm

5 December

Free Kids Class 4:40pm

Theme: Birthday

8 December

Zumba Gold Party

12:30pm

14 December

Body Boarding Session

2pm - 3pm 6pm - 7pm 9 December

8:30am Aqua Masterclass

with Marietta and JSP

9:05am Body Pump

Theme: Birthday

10 December

Inflatable Pool Activities

Children 6-12years old 1:30pm - 2:30pm

15 December

Free Coffee Hour

Regular Coffee 2pm - 3pm 16 December

2100 Steps Walking Group

17 December

Foam Roller Education Day

18 December

Minky Visit
1pm - 4pm

Pool Games 2:30pm - 4:00pm

er 19 December

Water Safety Day

4pm - 6pm

Free

20 December

Coffee Hour

Regular Coffee 10am - 11am 21 December

Body Boarding Session

10am - 11am 2pm - 3pm

6pm - 7pm